

# Making it official

## TEACHERS' NOTES

### Suggested level

Years 7 and 8

### Victorian F–10 Curriculum links

[Health and Physical Education](#)

### Content descriptions

- Investigate and select strategies to promote health, safety and wellbeing (VCHPEP126).
- Plan and use strategies and resources to enhance the health, safety and wellbeing of their communities (VCHPEP130).

### Achievement standards

- They investigate strategies that enhance their own and others' health, safety and wellbeing.
- They justify actions that promote their own and others' health, safety and wellbeing at home, at school and in the community.

### Focus area

Safety (S)

### Learning intentions

- To investigate and analyse school SunSmart policies and resources to reduce the impact of UV overexposure.
- To plan and develop a SunSmart policy that promotes UV health and safety for the school community.

### Prepare yourself

- Consider undertaking the *Scoping out shade* lesson first.
- Seek feedback from students to share the strategies they undertook to be SunSmart while in primary school.
- Teachers can consider requesting a SunSmart policy from feeder primary schools to be analysed by students; or
- Teachers can source their school's SunSmart or UV policy for the students to analyse, and then express how effectively it is being used by the school community.
- You can download SunSmart's sample policy template [here](#).

### Class resources

Copies of the *Making it official student worksheet*, and copies of a school sun protection or UV policy to share among students.

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## STUDENT WORKSHEET

### Think about it!

With the person next to you, or as a class, discuss the SunSmart policy and practices that were in place at your primary school. What guidelines did you have to follow before going outside? What about your teachers?

#### Main activity

Using the sample policy provided as a guide, develop a sun protection or UV policy for your secondary school. Consider uniform requirements, shade provision, access to sunscreen and classroom lessons.

Consider how your secondary school policy may differ from a primary school policy.

Clearly outline the sun-protective behaviours required by staff and students, and suggestions for how the policy should be implemented and promoted by the school community.

#### Your SunSmart policy needs to include:

- an outline of why the policy is necessary
- identification of shade spaces at your school and recommendations for possible improvements or additions
- a list of strategies to promote sun-protective behaviours (Slip, Slop, Slap, Seek and Slide) among staff and students.

#### Extension activity

Develop a two-column table with the headings '**Challenges**' and '**Solutions**'.

Under the heading 'Challenges', develop a list of reasons why staff and students might resist the introduction of a sun protection policy. Think about the specific elements of the policy that they might find the most challenging.

In the next column, under 'Solutions', suggest strategies to address each challenge. What have you discovered?

