



SunSmart mystery box

Levels E - 2

Materials

- Old shoebox with a lid or container with a lid
- Hats (bucket hat, broad brimmed, legionnaire and baseball cap)
- Sunglasses (if possible, a very narrow rimmed and another wide rimmed pair)
- Sunscreen bottle
- Shirt
- Singlet top
- Small branch with leaves/fold-up umbrella (to represent shade)
- [SunSmart Countdown song](#)

2. Ask about four or five children to be members of the 'mystery box club'. They sit at the front of the room. While they are closing their eyes, another child chooses a mystery box object, shows it to the rest of the group, and places it in the box.
3. The 'mystery box club' members each need to have a shake of the box/ container and see if they can guess what the object inside it is. They are allowed to ask one question each about the object and the rest of the group can only answer yes or no.

Instructions

1. Look at each of the mystery box objects and discuss the sun protection / SunSmart value of each one.
 - Which are mentioned in the SunSmart Countdown song?
 - Would you use a baseball cap if you were being SunSmart?
 - No – it doesn't protect all of your face and neck.
 - Would you use a bucket hat if you were being SunSmart?
 - Yes – it shades your face, ears and neck.
 - Would you wear a singlet top if you were being SunSmart?
 - No – it doesn't cover your shoulders and arms, etc.

