

SunSmart literature list

There are many wonderful picture books available which can be used to promote awareness, discussions and create linked experiences about the sun, weather, seasons, our world, sun protection and skin. Some are old favourites. Most should be available from your local library, bookstore, online or directly from the publisher. Please note these are general recommendations and you should check the books to make sure the content and themes are suitable for the children in your care.

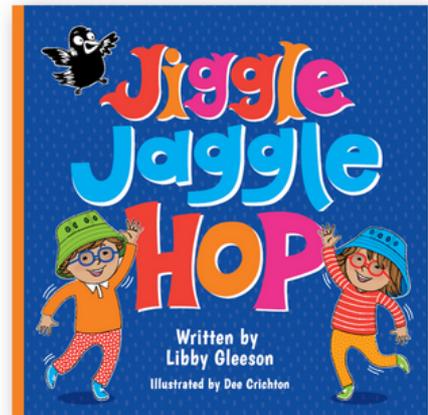
Jiggle Jaggle Hop

Libby Gleeson & Dee Crichton

Developed with the generous support of The Lionel & Yvonne Spencer Trust.

Children love being active and outdoors creating exciting new adventures. To help the fun continue, it's important to cover up from UV radiation which can be harmful when outside.

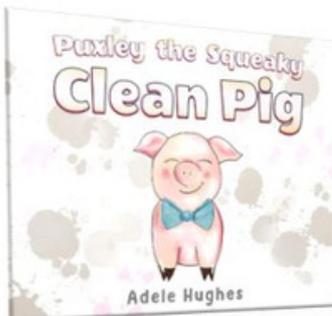
Jiggle Jaggle Hop is a positive, engaging, fun story that raises awareness about the best clothing choices to protect from UV. The story gives agency to children reinforcing the safe choices children can make as they enjoy the wonderful outdoors. Join Margot and Rory's adventure as they learn from and teach big brother Ben about the best way to have great outdoor play..



Hard copy books are available for registered SunSmart EC members.

Online video version available at [Jiggle Jaggle Hop video story](#)

Associated resources including family note, PDF posters and learning activities available at [Jiggle Jaggle Hop resources](#)



Puxley the Squeaky Clean Pig

Adele Hughes

Meet Puxley the Squeaky Clean Pig who one day gets sunburnt while at beach school. Ignoring the advice from his mother, Puxley tries a number of ways to protect his skin from the sun. Will he listen to the advice of his loving mother or will he choose to remain squeaky clean?

Nightingale Books ISBN 9781787880610



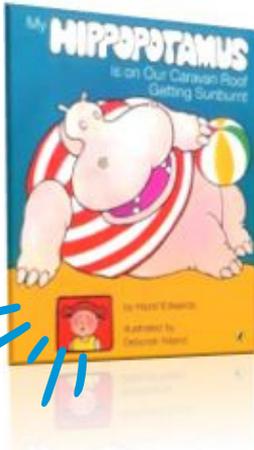
Shadow Catchers

Kirsty Murray & Karen Blair

On sunny mornings, we go shadow catching. Inside, outside, in our home and in our neighbourhood, shadows dance around us from morning through to night. A book about playfulness and the joy of light and movement.

Allen & Unwin ISBN 9781760526955

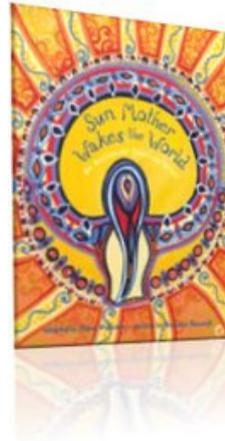
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My Hippopotamus is on Our Caravan Roof Getting Sunburnt
Hazel Edwards

A family goes on holidays to the beach but not everyone is being SunSmart!

Puffin Books ISBN 0 14 350138 0



Sun Mother Wakes the World: An Australian Creation Story
Diane Wolkstein & Bronwyn Bancroft

At the beginning of the world, it was dark and silent and nothing stirred anywhere, until a voice roused the sleeping Sun Mother in the sky, telling her it was time to wake up all the creatures of the earth.

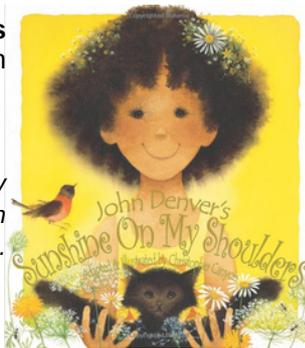
Harper Collins ISBN13: 9780688139162

Sunshine on My Shoulders

John Denver & Christopher Canyon

A little girl and her father enjoy a day together in the sun. This book is based on John Denver's famous song.

Dawn Publications ISBN 158469050X



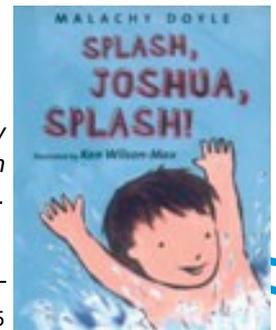
Splash, Joshua, Splash!

Malachy Doyle

Joshua and his granny go out for a day together. The day is full of splashes in puddles, ponds, a fountain and a pool.

~Watch [Malachy Doyle](#) read it on YouTube

Bloomsbury Publishing ISBN 0747561095

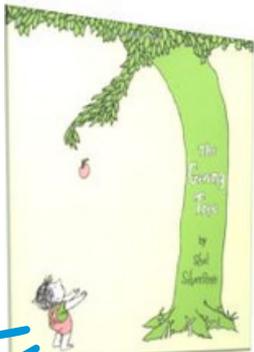


The Giving Tree

Shel Silverstein

Every day the boy would come to the tree to eat her apples, swing from her branches, or slide down her trunk...and the tree was happy. But as the boy grew older he began to want more from the tree, and the tree gave and gave and gave.

Harper and Row ISBN 0060256656



Splish for the Billabong

Ros Moriarty & Balarinji

A lyrical book which revels in all things swirly and squelchy, and explores northern Australian animals and landscapes as well as indigenous art.

~View on YouTube ([Ballarat & District Co-operative](#)).

Allen & Unwin ISBN 9781760112127



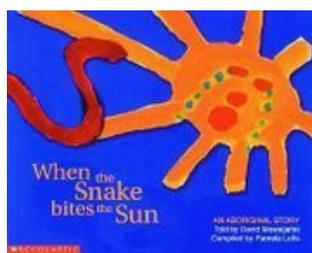
When the Snake Bites the Sun

David Mowaljarlai & Pamela Lofts

This book is based on a story told by David Mowaljarlai of the Ngarinyin people to Aboriginal children living in the Kimberly, Western Australia.

~View on YouTube ([Deadly Kindies](#)).

Scholastic Australia ISBN 9781865046280

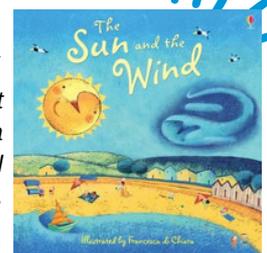


The Sun and the Wind

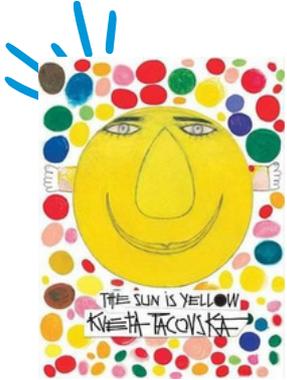
Mairi Mackinnon & Francesca di Chiara

The sun and the wind have an argument over who is the stronger, resulting in a final contest. Based on the traditional Aesop fable.

Usborne Publishing ISBN 9781409583196



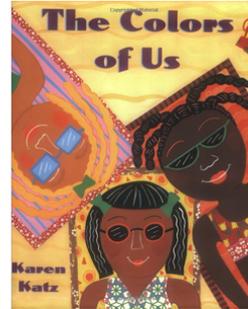
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The Sun is Yellow
Kveta Pacovska

With plenty of windows to open and hidden characters to discover, this book offers an enchanting adventure through the magical world of colour.

Tate Publishing ISBN 9781849760645



The Colors of Us
Karen Katz

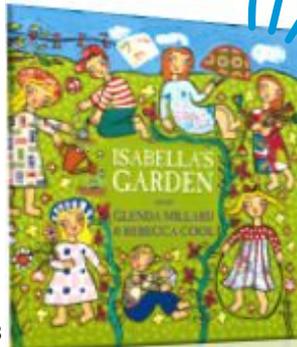
Seven-year-old Lena is going to paint a picture of herself. She wants to use brown paint for her skin. But Lena learns that brown comes in many different shades.

Owlet Paperbacks ISBN 0805071636

Isabella's Garden
Glenda Millard

Isabella's Garden tells the tale of growth and seasonal change, beginning and ending with 'the seeds that slept in the soil all dark and deep'.

Walker Books Australia ISBN 9781921150333

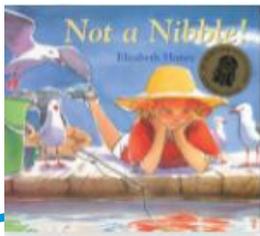
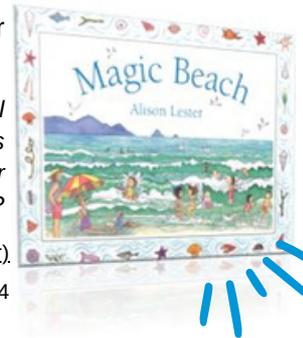


Magic Beach
Alison Lester

A day at the beach exploring all that the beach offers. Has everyone remembered their SunSmart gear?

~ [View on YouTube \(Read by Alison Lester\)](#)

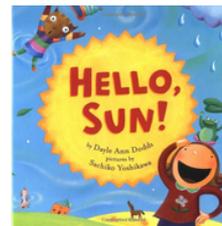
Allen & Unwin ISBN 1741144884



Not a Nibble!
Elizabeth Honey

Explore adventures when you holiday at the beach.

Allen & Unwin ISBN 1864482427



Hello, Sun!
Dayle Ann Dodds

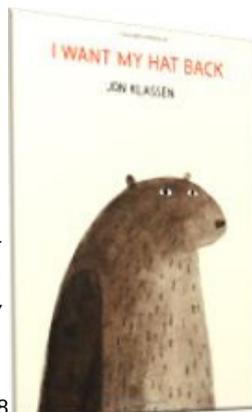
A day for sun and T-shirts turns into a rainy, blowy, snowy day!

Dial ISBN 0803728956

I Want My Hat Back
Jon Klassen

The bear's hat is gone, and he wants it back. Patiently and politely, he asks the animals he comes across whether they have seen it.

Candlewick Press ISBN 0763655988

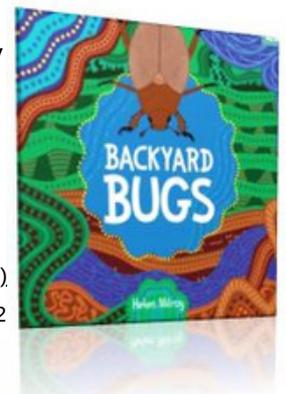


Backyard Bugs
Helen Milroy

From beautiful butterflies to kaleidoscopic Christmas beetles, learn all about the scurrying, scuttling, scooting, buzzing, zooming splendour of insects.

~ [View on YouTube \(Deadly Kindies\)](#)

Fremantle Press ISBN: 9781760990282



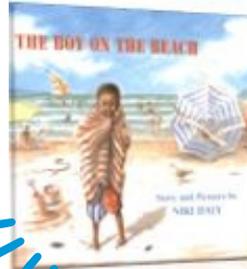
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Get Busy This Summer!
Stephen Waterhouse

When the sun comes out it's time for the penguin family to pack up their things, put on their hats, and set off on their summer holiday.

Bloomsbury Publishing 2004 ISBN 0747564744



The Boy on the Beach
Niki Daly

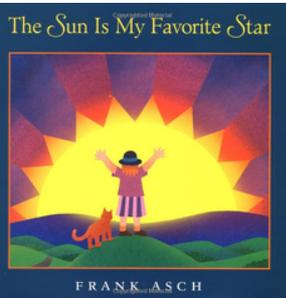
It's a scorching hot day so Joe and his parents take a trip to the beach. Joe runs about in the sand, jumps in the waves, and finds a deserted old boat to play on.

Bloomsbury Publishing ISBN 0747546843

The Sun is My Favourite Star
Frank Asch

There are many stars in the galaxy. But only the sun wakes us in the morning, helps us grow, plays hide-and-peek behind the clouds, and paints pretty pictures in the evening sky.

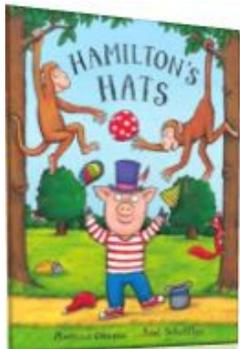
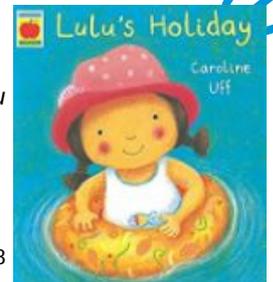
Sandpiper ISBN 0152063978



Lulu's Holiday
Caroline Uff

Come and spend a fun day with Lulu at the seaside.

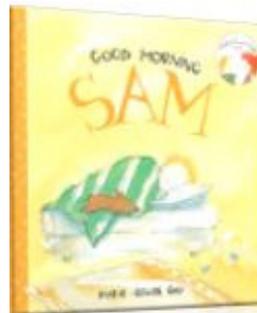
Orchard Books ISBN 1843624788



Hamilton's Hats
Martine Osborne & Axel Scheffler

Hamilton the Pig is very fond of hats – big hats, small hats, tall hats and suitable-for-every-and-any-occasion sort of hats. Little does he know that Hamilton's favourite hats will teach him some very important lessons!

Pan MacMillan ISBN 9780230014817



Good Morning Sam
Marie-Louise Gay

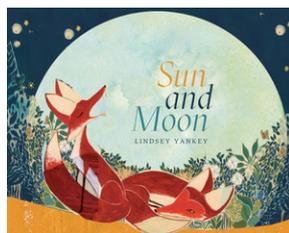
Sam's big sister Stella helps him get ready to go out. Have they both remembered everything for safe outdoor play?

Allen & Unwin ISBN 1741140420

Sun and Moon
Lindsey Yankey

Sun and Moon have always held their own places in the sky, but after a lifetime of darkness all Moon wants is to spend just one day as Sun. Sun agrees, but only if first Moon takes a careful look at his night, before making his final decision.

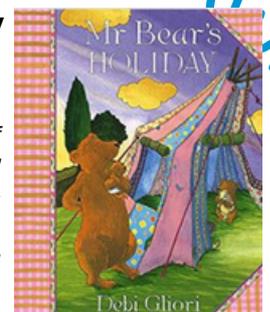
Simply Read Books ISBN 9781927018606



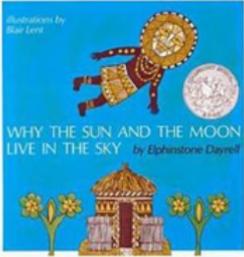
Mr Bear's Holiday
Debi Gliori

'I love holidays', says Small Bear, as Mr Bear and his family set off camping. But when a 'monster' appears outside the tent, the Bears wonder if it's a holiday or an adventure!

Orchard Books Australia ISBN 9781846164309



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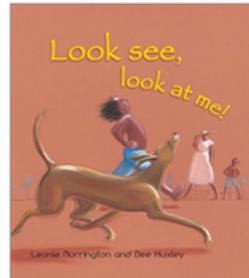
Why the Sun and the Moon Live in the Sky

Elphinstone Dayrell & Blair Lent

Sun and his wife, the moon, lived on Earth and built a large house so that the water people could visit. But so many poured in that they were forced to move to the sky.

~View on [YouTube \(Discover Children's Story Centre\)](#)

HMH Books for Young Readers ISBN-13: 978-0395539637



Look see, look at me!

Leonie Norrington & Dee Huxley

A warm and delightful picture book about growing up from a child's point of view. Set in an Indigenous community, it captures the excitement and pride surrounding those 'small' achievements.

~ View on [YouTube \(City of Ballarat Library\)](#)

Allen & Unwin ISBN 9781741758832

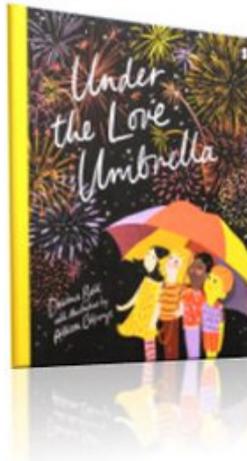
Under the Love Umbrella

Davina bell & Allison Colpoys

*Think an umbrella is just for shade?
Whatever you fear, come close my dear,
You're tucked in safe for always here,
And I will never not be near
Because of our love umbrella.*

~ View on [YouTube \(State Library Victoria\)](#)

AbeBooks ISBN 9781925228205

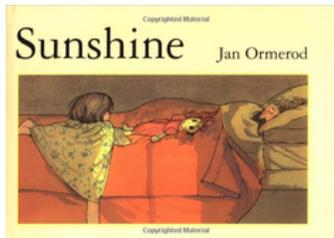
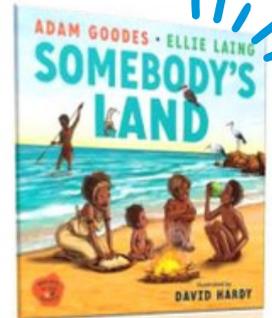


Somebody's Land

Adam Goodes, Ellie Laing & David Hardy

For thousands and thousands of years, Aboriginal people lived in the land we call Australia. The land was where people built their homes, played in the sun, and sat together to tell stories.

Allen & Unwin ISBN 9781760526726

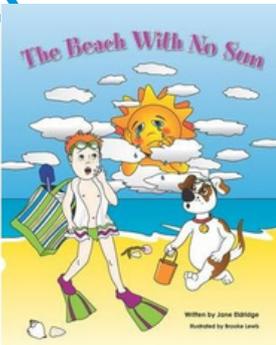


Sunshine

Jan Ormerod

Explores the rhythm of family life at the beginning and the end of the day.

Frances Lincoln Children's Books
ISBN 1845070488



The Beach With No Sun

Jane Eldridge

Copper, and his dog Pebo find a way to play with their friend Sun

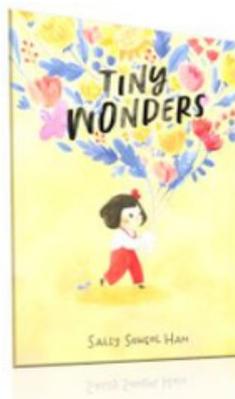
Copper Publishing ISBN 9780646453996

Tiny Wonders

Sally Soweol Han

*April thinks if her town was a colour, it would be grey. Everyone is too busy to stop and look around. How can she help them slow down?
Without the sun there is no colour!*

ISBN 9780702263477



Islands in my Garden

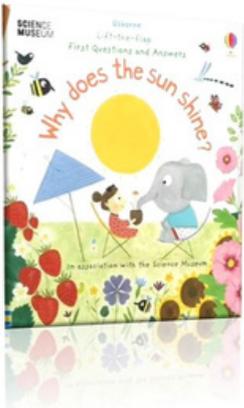
Jim Howes & Roland Harvey

Come sailing around the backyard. Explore the islands and their caves, their valleys, plains and forests and underground cities. If you look closely you'll find you're not the only traveller and it's a world we should all take care of.

Penguin Books Australia ISBN 014350052X



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Why does the sun shine?
Katie Daynes & Christine Pym

Takes a playful, informative look at the importance of the sun to life on Earth. Quirky scenes, simple text and friendly flaps answer questions such as 'How does the sun help us?'
Usborne ISBN: 9781474948173



Pete the Cat and His Magic Sunglasses
Eric Litwin

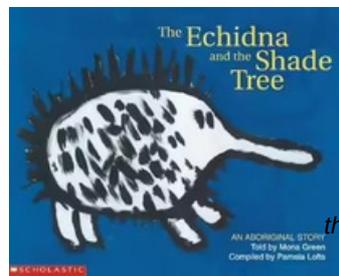
Pete the Cat has woken up grumpy today! Nothing seems to be going his way. But maybe some groovy magic sunglasses can help...

Harper Collins ISBN 9780007590780

The Echidna and the Shade Tree
Pamela Lofts and Mona Green

Based on an Aboriginal Australian Dreaming Story told by the Jaru People in Western Australia. .

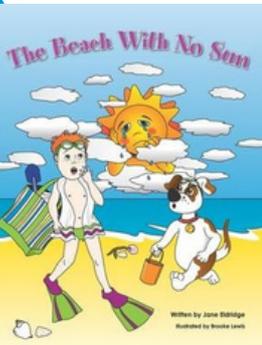
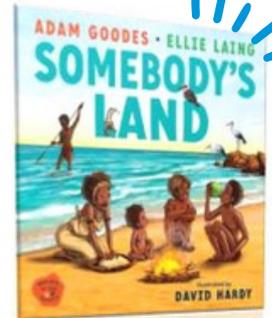
~ View on [YouTube \(Deadly Kindies Playgroup\)](#)
Scholastic Australia ISBN 9781865046228



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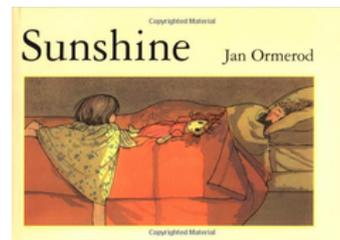
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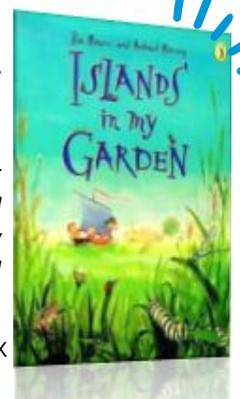
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Penguin Books Australia ISBN 014350052X



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A special thanks to Cancer Council WA for these activity ideas.

Now That's A Hat!

Heath McKenzie



A hilarious rhyming story with vibrant illustrations about finding the right hat.

ISBN: 9781760664022

Now That's a SunSmart Hat

Design and make a SunSmart hat. Make sure it shades the head, face, neck and ears. Have a SunSmart Hat parade or create a photo shoot and display the images.

Different hats

Explore and research different types of hats and their purpose. Ask children to bring different hats from home.

Dramatic play hat shop

Create a dramatic play corner hat shop. Include mirrors, register and other shop props. Try to gather lots of different hats.

Key questions: Why do we need to wear a hat? What type of hat is best? What is a SunSmart hat? Why is shade so important? What other ways can you protect yourself from the sun?

~ [View on YouTube \(Terrigal Public School\)](#).

Katie and the Bathers

Jame Mayhew



On a hot, sunny day, a painting of some bathers in a cool river proves too tempting for Katie, and so she dives straight into the picture!

ISBN: 9781408331897

SunSmart suitcase: Imagine you are packing for a holiday to the beach. Make a list of all the items you would include in a SunSmart suitcase.

Remarkable rashie: In the story, Katie does not have a rashie to slip over her bathers. Use different colours to create a 'remarkable rashie' or SunSmart bathers.

Paper plate umbrella craft: Umbrellas provide shade from the sun and were used in one of the paintings in the story. Make an umbrella using a paper plate. Decorate it with stickers, crayons and marker pens.

Art Project: Similar to the paintings in the story, paint or draw a picture showing a scene at the beach or by the river that show everyone being SunSmart. Remember slip, slop, slap, seek and slide.

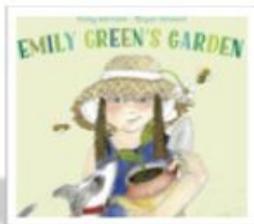
Key questions:

How has clothing changed? Compare our clothes now to the clothing from the pictures in the gallery? What items of clothing do you wear in summer, autumn, winter and spring?

Did Katie remember to use all of the five SunSmart steps?

Emily Green's Garden

Penny Harrison and Megan Forward



One day Emily Green decides she wants to bring the outside into her home.

ISBN: 9781925594713

Living and non-Living

Create a set of cards with images of objects that are living and non-living. Try and use ideas that are from the story.

Dramatic play garden: Create a dramatic play corner garden. Include toy rakes, garden pots, homemade paper plants, watering can and other garden props. Be sure to include sunscreen, protective clothing, broad-brimmed hats and sunglasses. Try planting seeds or seedlings in pots.

Plants are alive: Plants are living things and have needs to live. Talk about the role of the sun and plants. Draw a picture of a plant in the centre of a page. Around the plant picture, write or draw all the things that plants need to live.

Key questions: How does Emily care for her plants? What are some things that are important to make plants grow? What happens to plants if they get too much sun or not enough sun?

~ [View on YouTube \(Buloke Shire Council\)](#). ~ [New Frontier Publishing teacher's notes](#)

Summer Rain

Ros Moriarty and Balarinji



A lyrical book about one day during the wet season that celebrates in glorious colour the animals and landscapes of northern Australia.

ISBN: 9781760112110

Aboriginal seasons

Explore and learn about the Aboriginal seasons (*information is available on [ABC's Behind The News](#)*) in your local area. Compare them to the four seasons of spring, autumn, summer and winter.

Wet and dry season

Create a poster or mural divided into dry season and wet season with painted scenes and animals from the story.

Summer!

Compare summer in northern Australia (as shown in the story) with summer where you live.

Key questions:

How does the weather impact plants and animals? How do they react to their environment? What happened when it began to rain? How did the animals react? Discuss the differences between dry and wet seasons. How do they impact humans and animals?

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Today's Sun Gregg Dreise



Celebrating Australian animals and the beautiful moments in every day.

ISBN: 9781760898335

Sort and classify: Sort and classify animals (photos/figures) based on their features, such as lives on land, water or air / animals with feathers, fur or skin.

Shade for the animals: Design a shaded area/habitat for the animals to help protect them from the sun.

Sun dot painting: Using the flat part of a fork dipped in different 'sun-like' paint colours, print/press the fork onto paper to create a sun shape. Once dried, add some black dots using a cotton bud.

Animal sun prints: Place animal figures/shapes onto black card or paper in direct sun and leave for the day. What happens when you lift the animals off? The sun's UV has faded the parts not covered or protected.

Key questions: What should we do to protect ourselves from the sun? How do different animals protect themselves from the sun?

~ View on [YouTube](#) (Deadly Kindies)

Sun Carol Thompson



Let's play out in the sun! There's a wealth of sights, sounds, smells, tastes and textures to discover and enjoy. But we must be sun safe!

ISBN: 9781846436802

Role play sunscreen: Role play putting sunscreen on a toy doll (not a fabric doll) and dressing them so they are ready for outside play.

Creative play in the shade: Create a shady outdoor play area under a tree using sheets, boxes and other items to play in the shade.

Paper sun craft: Paint a paper plate with yellow and other sun-like colour paints. Tear up yellow paper or crepe paper into small squares and glue them onto the paper plate. Use longer strips of paper to create the sun's rays.

Count: How many hats can you see on each page?

Make a SunSmart hat: The little girl in the story made a hat for her toy. Make a SunSmart hat for your toy using recycled and craft materials.

Key questions: Why did the children put on sunscreen and a hat? What do you like to do when you play outside?

The Sunhat Jennifer Ward & Stephanie Roth Sisson



On a hot and sunny day, Rosa's bright red sunhat blows off her head, out of sight. One by one, creatures stumble upon the hat, seeking shelter.

ISBN: 9781933855783

Hat colour survey

Discover which colour hat is the favourite amongst your group. Create a tally and a graph displaying the results.

Wind-proof hat

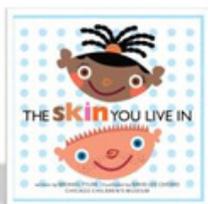
Design a hat that will not blow off in the wind.

Animal protection

Look at photos of different animal coverings (fur, scales, etc.) and discuss how different animals protect themselves from the sun. For example, insects hide under leaves, animals burrow in tunnels and some cover themselves in mud

Key questions: Why did Rosa wear her red sunhat? Why is it important to wear a sunhat? How does Rosa's hat help others?

The Skin You Live In Michael Tyler & David Lee Csicskoi



Celebrates differences and similarities no matter what skin we are in.

ISBN: 9780975958001

Taking care of your skin

Create a life size outline/tracing. Draw or write all the different ways to protect their wonderful skin. Paste fabrics on to create clothing.

Our skin

Using a magnifying glass, children examine their own skin for different characteristics, such as freckles, scars or scratches.

Five ways

Draw five ways you can protect your skin when going outside. Display them for everyone to see.

Key questions: Why is it important to protect our skin? What are some of the ways we can protect our skin?

~ View on [YouTube](#) (Read by Michael Tyler, Chicago Children's Museum)

SunSmart literature list

The Quangle Wangle's Hat

Edward Lear and Helen Oxenbury



The Quangle Wangle has a huge hat that becomes home to many other friends.

ISBN: 9780881621822

Shade for animals

Choose an animal from the story and design a shaded area/habitat to protect them from the sun.

Mr Quangle Wangle's hat

Make Mr Quangle Wangle's hat using a range of craft and recycled collage materials (paper, feathers, images and ribbons).

Creative play in the shade

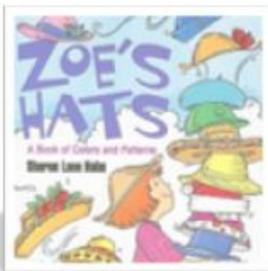
Create a shady outdoor play area under a tree, using sheets, boxes and other items to play in the shade.

Key questions: What do you think Mr Quangle Wangle looks like? Why do you think Mr Quangle Wangle's hat is so huge? Why are trees so important in the story?

~ Listen to the story [sung by Teddy Tahu Rhodes on ABC Classics](#)

Zoe's Hats

Sharon Lane Holm



Zoe loves hats – floppy hats, flowery hats, and downright funny hats.

ISBN: 9781590787489

Sorting hats

Ask children to bring different hats from home or make a set of cards with a range of pictures of different hats. Sort the hats into groups based on colour, size and any special purpose.

SunSmart Simon Says

SunSmart Simon Says is much like the original game Simon Says but only uses slip, slop, slap, seek and slide for the actions. For example, Simon says to slap on a hat, Simon says to slip on a shirt, slop on some sunscreen etc...

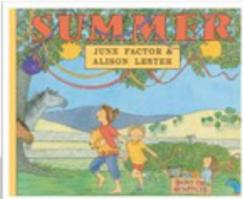
How many hats?

Count how many hats are in the story? Draw your favourite hat and write or say why it is your favourite.

Key questions: Why do we have hats? What are some the things we use them for? What are some different hats we saw in the story?

Summer

June Factor & Alison Lester



A beautiful story that captures the feeling of summer and all that it brings, changing weather, family gatherings, lots of fun and flies!

ISBN: 9780670078950

Five senses of summer

Brainstorm all the different words that describe summer. Consider the five senses; what does it feel, smell, taste, sound and look like?

Weather match

Place a basket of clothes/items appropriate for different weather in the middle of a group. Invite children to select an item, discuss what weather it matches and why we would use that item of clothing.

SunSmart spotting

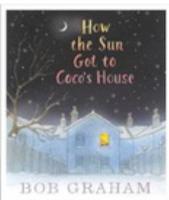
Look at the pictures throughout the story. Can you spot any slip, slop, slap, seek and slide messages in the pictures?

Key questions: What activities do you do in summer? What sort of clothing do you wear in summer? Why is it important to protect your skin?

~ View on [YouTube](#) (Read by Alison Lester)

How the Sun Got to Coco's House

Bob Graham



The journey of the sun is captured as it travels from the far side of the world, across countries, chasing the night before arriving at little Coco's house.

ISBN: 9781406373455

Sun's journey

Track the sun's journey through *How the Sun Got to Coco's House* using a globe, atlas or app such as Google Earth.

Sun's roles

The sun has many roles. Make a list of all the sun's benefits i.e. brings light, warmth, helps plants grow, vitamin D. Consider the harms if we have too much sun e.g. too hot, sunburn, skin damage

Sun protection

There are five ways we can protect our skin from the sun. Draw a picture of the five ways: SLIP on covering clothing, SLOP on sunscreen, SLAP on a broad-brimmed hat, SEEK shade and SLIDE on sunglasses.

Key questions: What does the sun bring to the many places in *How the Sun Got to Coco's House*? Why is the sun important? Is the sun different in summer and winter?

SunSmart literature list

I Got This Hat

Jol and Kate Temple and Jon Foye



Take a peek at the world around us through the playful medium of hats

ISBN: 9780733332302

Measure hats

Measure the brim width of a collection of hats and order them from the widest to most narrow. You can also measure and order the height and circumference of the hats.

Exploring different hats

Explore and research different types of hats and their purpose. Ask children to bring in different hats from home. Sort them into groups such wide-brimmed, bucket or legionnaire hat.

Persuasive language

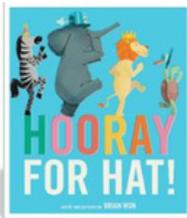
Write/narrate/draw to persuade people about the benefits of a bucket hat versus a cap.

Key Questions:

Why do we have hats? What is their purpose? Do you have a favourite hat? When would you wear a hat (weather/ events)? Which is the best type of hat to wear? Why?

Hooray for Hat!

Brian Won



Elephant wakes up grumpy, until ding, dong! What's in the surprise box at the front door? A hat! An irresistible celebration of friendship, sharing and fabulous hats.

ISBN: 9780544930636

Create a 'Hat' investigation table

Set up a space where children explore and learn about hats (history, purpose and function). Provide fiction and non-fiction books about hats, clipboard and paper, a variety of different hats, a mirror and other hat related items. Children can measure the brim of hats at the investigation table and rate hats that are SunSmart.

Hat craft

Make a fabulous hat using craft and recycled materials. Your hat can have a theme or creative design. As in the story, march in your own hat parade playing music.

Safety hats vs fashion hats

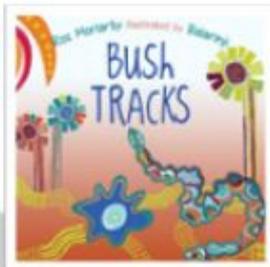
Create a set of picture cards of a variety of hats. Discuss each hat and their purpose. Sort the hat picture cards into groups titled 'Safety Hats' and 'Fashion Hats'.

Key questions: Why do you think the surprise hat cheered Elephant up? Why do we have hats? What is their purpose? What is an example of a fashion hat? What is an example of a safety hat?

~ [View on YouTube \(Richmond VA, Public Library USA\)](#).

Bush Tracks

Ros Moriarty and Balarinji



A lyrical rhyming text about the distinct joys that each season brings.

ISBN: 9781925594713

Dress for the weather

Throughout the story the weather changes. Draw a picture of you wearing clothing suitable for different weather conditions and times.

Shelter

Draw pictures of the different forms of shelter the animals use to seek protection from the weather on the bush track.

Pack for a bush walk

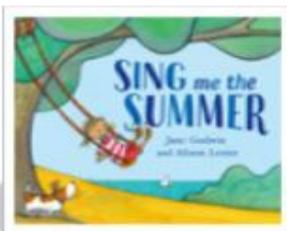
Create a list of items you would take with you on a bush walk. What will you need to stay healthy and safe?

Key questions: What animals did you see in the story? Describe the weather and seasons.

Describe the natural landscape? How does the weather impact on the land and the animals that live there?

Sing me the Summer

Jane Godwin & Alison Lester



A lyrical rhyming text about the distinct joys that each season brings.

ISBN: 9781925972924

Dramatic Play – Day at the beach

Set up a dramatic play corner of the beach. Don't forget to pack a hat, sunscreen, umbrella, sunglasses and protective clothing!

Dress up for the seasons

Role play and dress up in different clothing that you would wear throughout the seasons or your local Aboriginal seasons.

Five senses

Use your five senses and go on a seasons hunt (depending on time of year). Look for items that tell you that it is summer, autumn, winter or spring.

Key questions: What sorts of things do you do in summer, autumn, winter and spring? What were the children wearing at the beach during summer? What sorts of activities do you do during the different seasons?