



# SunSmart digging / SunSmart card swap

Levels E - 1

## Materials

- Sandpit or large box with rice/bird seed
- Play space
- Multiple copies of laminated cut-outs of five sun protection images or SunSmart Countdown number characters

OR

- Copy the different images onto different coloured card and have enough for each child to have a complete set of five cards. Make four extra sets (for spare cards).

## Instructions

1. Bury the laminated pictures in the sand pit/rice box (or alternatively hide them around a designated space).
2. Children try to dig up / find as many SunSmart items as they can. To add to the challenge, once all of the items have been found, children then need to try swapping their items so they end up with a complete set of five cards – either five of the same image or a set of five sun protection measures/SunSmart Countdown number characters. They can only swap one card at a time.
3. Children can only dig up one of each of the SunSmart Countdown cards. If they find one they already have, they need to re-bury / re-hide it. They need to find all five cards in the set to complete the game.

## Variations

- Instead of burying or hiding the cards, children can be given a random set of cards. They then need to work out which of the SunSmart Countdown set they are missing. They need to swap one card at a time with other children to try and get a complete set.
- Try doing this so it is a 'silent swap' and the children can only use gestures or mimes to explain which card they want to get – they can't show the pictures to each other.
- Children not only need to get a complete set of SunSmart Countdown cards but they all need to be the same colour / different colours.
- Try the activity with a set time limit for the swap.









