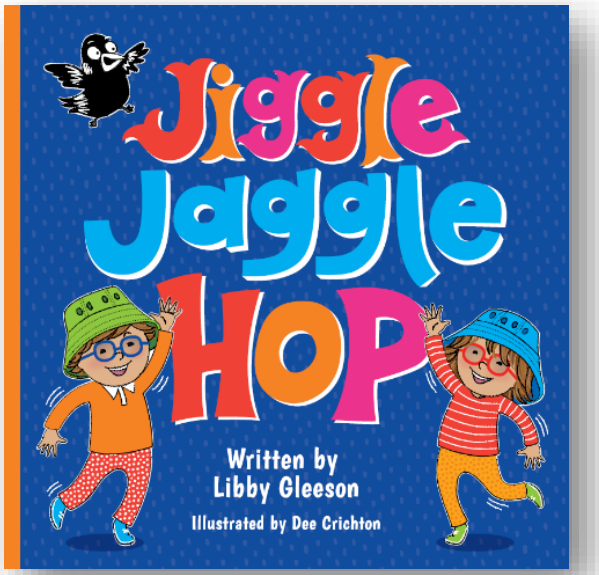
Jiggle Jaggle Hop - Libby Gleeson & Dee Crichton

Literature activities



Looking after younger siblings, Margot and Rory, Big Brother Ben has his rules turned around as they all Jiggle Jaggle Hop their way to some fun, sun safe outdoor play.

This book was developed
with the generous support of
The Lionel & Yvonne Spencer Trust.

Action rhyme

Jiggle Jaggle Hop, Jiggle Jaggle Hop,
Jiggle Jaggle, Jiggle Jaggle,
Jiggle Jaggle Stop!

Similar to musical statues
Create actions and sing the rhyme with children.
Indoors: When you hear 'stop' all children need to put their hat on their head. Hats could be kept in their usual spot, placed on the tables or floor, or children could carry them in their hand and just pop them on their head.

Outdoors: When you hear 'stop' all children need to find a shady spot to stand in. The people who don't stop in time stand behind the leader to create a trail of people until you declare the game over ready for a restart.

Similar to 'What's the time Mr Wolf?'
Have one child standing at the front, facing away from the others with a sunscreen bottle or hat in between their feet. The remaining children start at a line away from the front child and slowly walk towards the child at the front as they sing the Jiggle Jaggle Hop rhyme.

When they announce "Stop" they need to freeze in their spot and the front child turns around to try and find anyone still moving. Anyone moving is 'out.' The aim is for one child to sneak up to grab the hat/sunscreen from in between the front child's feet without being seen and make it back to their home base/starting line.

Sequencing / Storytelling

Copy and laminate the Jiggle Jaggle Hop story cards.
Use all 10 cards or just a few so children can:

- Follow the same sequence as the story.
- Change the story sequence.
- Re-tell the story in their own words.

Tracing

Get large sheets of paper for children to do a full body tracing.

Use fabrics, paper, paints, crayons, and different materials. Ask children to cover their tracing with SunSmart clothing. Don't forget a hat!

- Discuss how well covered/ protected their body parts are.
- Do they need to cover more areas?
- Display children's work to help raise awareness and remind everyone to slip on covering clothing.

Image from childhood101.com/

Sorting

Dress-up box: Create a dress-up box with different sun protective items including hats, shirts, long-sleeved dresses, trousers, gloves etc…

Sort clothes in the dress-up box.

- Which ones will help cover and protect our skin and be good for outdoor play?
- Which ones are best for indoor play?

Clothesline: Use a wire rack or set up a string with some pegs.

- Gather real clothes, doll clothes or clothing pictures from magazines or catalogues.
- Encourage children to peg items to the clothesline that would be good to wear outdoors i.e. they help cover and protect the skin.
- Use this as an opportunity to discuss different sun protective qualities of the clothing.
- This could become a display to help raise awareness about sun protective clothing.

Image from simplefunforkids.com

Exploring

When it comes to blocking UV, not all fabrics are the same. Some are better than others. If you hold fabric up to the light and it lets a lot of light through, it will probably let a lot of the sun's UV through too. Closely woven, dense fabrics are usually better at protecting from UV.

Explore different fabric structures using light and a magnifying glass.

Have different fabric samples available including lighter see-through fabrics, cotton, t-shirt material etc…

Use a magnifying glass to look at the fabrics?

- What can you see? Explore the weave of the fabric and how close or distant the threads are.
- Hold the fabric up to the light. What can you see?
- Which of these materials lets the sun through?
- Which of these materials blocks the sun?
- Which of these materials would be good at protecting our skin from the sun?

Weaving

Idea and weaving images from
http://www.topteachingideas.com/Clothes-Theme.html

Use different fabric strips to create a sun protective dense weave.

- Gather strips of fabric – varied sizes, colours, textures.
- Nail / pin netting or rows of string to an outdoor fence / wall or inside space. You can also use container lids or trays. Cut V slits all around the edge, then wind wool or string across from one notch to another.
- Weave strips of cloth in and out of the strings.
- Have a bucket of fabric strips so children can gradually add to it over time.

To access a digital version of Jiggle Jaggle Hop or for more SunSmart early childhood resources visit:
SunSmart's early childhood resources .

Dying

Create your own vegetable dye t-shirt or cloth.
Idea from http://www.topteachingideas.com/Clothes-Theme.html

Examples include:

- Beet skins or slices
- Onion skins [makes a yellow/orange dye]
- Red cabbage leaves, chopped
- Raspberries
- Blueberries
- Spinach
- Blackcurrants
- Tomatoes
- Ends of lemons
- Soft carrots

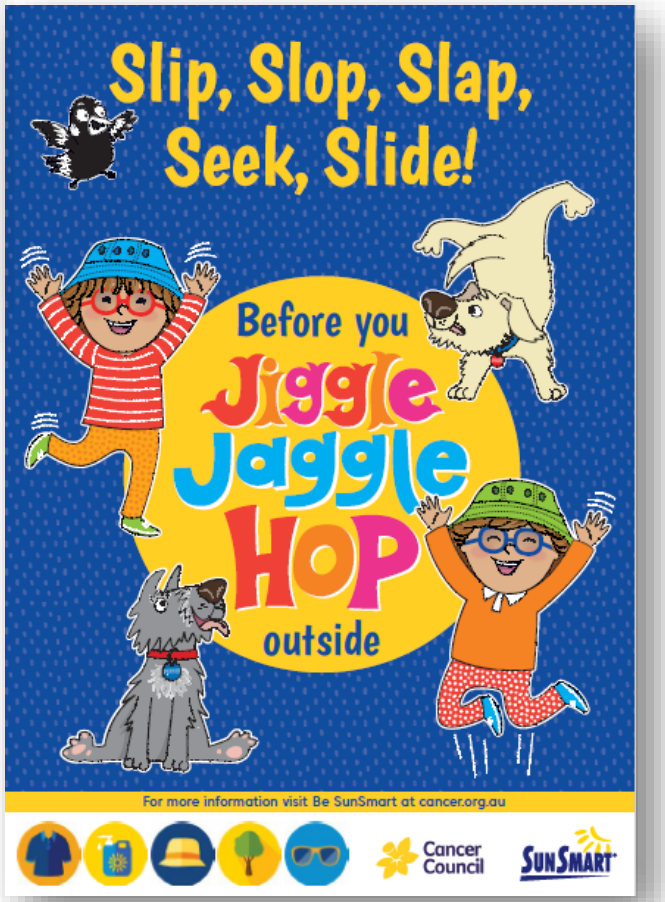
Image from popsugar.com

Process

- To make a strong enough colour you will need at least a cup of each fruit or vegetable chopped into small pieces.
- Add each cup of chopped fruit or vegetable to a small saucepan and cover with about twice as much water. Leave to simmer for at least an hour.
- Allow to cool to room temperature and then strain and pour into glass jars. You can also use plastic jars but the dye may stain them.
- Now you are ready to dye your cloth. Rinse the cloth in cold water then immerse it in the dye until it reaches the desired colour.

Fixing the dye [Optional]

- To make the dye last, you will need to 'fix' the colour.
- For fruit dyes, put the fabric in a saucepan with 4 cups of water and 1/4 cup of salt and simmer for one hour.
- For vegetable dyes put the cloth in a saucepan with a cup of vinegar and 4 cups of water and boil for an hour.



Poster available for download at Posters and signs

Jiggle Jaggle Hop story cards

'Stop,'
said Ben.
Louder this time.
Bossy Boots Ben.
He's our big brother.
He says he's our babysitter.
But we're not babies.
We're big.

Jiggle Jaggle Hop story cards

Bossy boots Ben came up behind us.
'Mum said you have to do whatever I tell you.
When I say **stop**, you have to **stop**.'
'We want to go outside to play.'
'It's too hot today.'
'No, it's not. Anyway, we like it hot.'
We pulled off our singlet tops.
'We won't be too hot now.'
'Yes, you will. Look at that sun Madcap Margot and Ridiculous Rory. It will burn you up like a BBQ.'
'It will not.'

Ben thought for a bit...
'OK, but you have to get dressed properly.
A hat on your head, sleeves on your arms and proper long pants to cover your legs.'
We ran back upstairs. I whispered to Rory. He burst out laughing.
We headed to the dressing-up box in the corner of our room.

Jiggle Jaggle Hop story cards

'These are our hats,' said Rory.
He held up one old hat that Grandma used for gardening
and another weird cap from Grandpa.
'And these are for our arms,' I said.
'These long black gloves are Mum's old-fashioned fancy ones,
and a pair of bright, yellow ones for washing-up.'

'Now for our legs.'
We pulled out everything: old dresses of Mum's,
stripey trousers of Dad's, things I'd never seen before.
I tried on a pair of Dad's pants.
I slipped my legs in, but had to hold tight as they kept sliding down.
Nothing would fit us.

Bossy Boots Ben came in.
'Ha, ha, ha. If you really want to go outside,
you'll have to do what I say. OK?'

We nodded. 'OK.'

He helped us scoop everything up and fill the box.

Ben opened our wardrobe.
He threw out two tops and watched us put them on.
The sleeves came down to our wrists.
Then he grabbed the pants that stretched
almost to our ankles and the sun hats
we wore when we went
to the beach.

'No,' I said.

'You can't come. You have to stay inside. Look at what you're wearing.'

Ben looked down at his short shorts. His arms were bare out of his sleeveless tee-shirt.

We went into Ben's room. I opened his cupboard and pulled down a shirt with long sleeves. Rory got his beach hat from behind the door.

'Now you need some long pants,' I said. Ben's jeans were on the chair. I held them up.

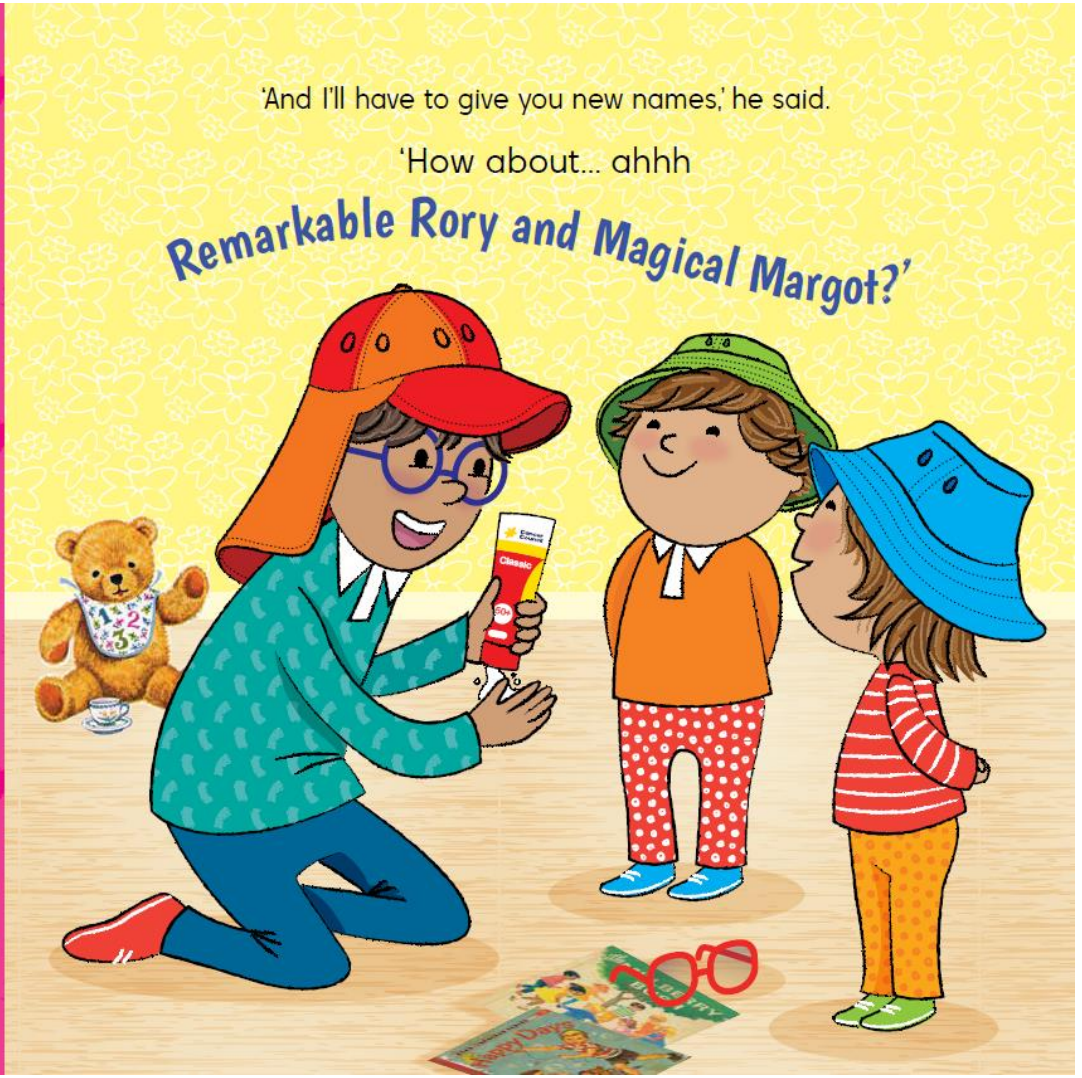
'How about these?'

I said in the most serious voice I could.

Ben nodded. 'Thank you, but they'll be too hot.'

He opened his wardrobe and pulled out the cotton pants he wore at the beach.

Jiggle Jaggle Hop story cards



We went out into the sunshine.
I grinned at him.
'And now you are
Best Brother Ben.'