



# Let's be SunSmart

Levels F-6

## Learning intention

*To develop a greater understanding of the 5 SunSmart steps.*

## Victorian F-10 Curriculum Links Content descriptions

\*Please note this lesson does not directly teach any content descriptions in the Victorian F-10 curriculum. However, it uses different skills taught in the curriculum to help embed messages about sunscreen.

## Introduction

*What are the 5 SunSmart steps?*

On large pieces of paper, draw a picture of the 5 SunSmart steps (i.e. hats, clothing, shade, sunglasses and sunscreen).

Ask the students to do a 'Hot Potato' activity and go around the room adding what they know about each of the 5 SunSmart steps and what's important to know about each of the recommended sun protection strategies.

Compare the information the students have written to the SunSmart information sheets about each sun protection measure at <http://www.sunsmart.com.au/communities/early-childhood-primary-schools/resources-primary-early-childhood/information-sheets>.

## Activity

Ask the students to review each of the 5 sun protection information posters they have created. Identify what is most important about each of the sun protection steps.

Using the information brainstormed as a class, encourage students to create a different way to display this information and persuade others to be SunSmart. Some examples include a badge design, poster, video or a mnemonic.

Perhaps students can display their work around the classroom, school or on the school's homepage.

## Home learning activity

As a home learning activity, students can create a reminder to encourage their whole family to use the 5 SunSmart steps before they go outside.

