



Too much UV radiation causes sunburn and tanning. While the visible signs fade, the damage can't be undone. The more time we spend unprotected in the sun, the more UV damage will add up, increasing our risk of skin cancer.

**Be SunSmart.  
See beyond  
The tan.**

Remember, this UV damage is preventable! Protect your skin in five ways during sun protection times each day.

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[sunsmart.com.au](http://sunsmart.com.au)

