

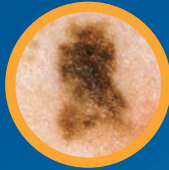
SPOT

the difference



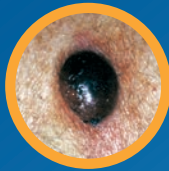
Check your skin regularly and **see your doctor** if you notice a new spot or a spot has changed in size, colour or shape.

Melanoma



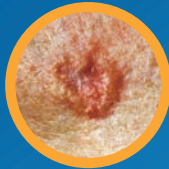
- May have **irregular edges**, one half bigger than the other, or an **uneven colour**.
- Can appear on skin **not normally exposed to the sun**.

Nodular melanoma



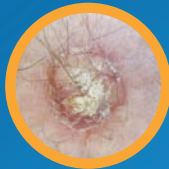
- **Grows quickly** so do not delay seeing a doctor.
- **Raised** and even colour ranging from **pink** or **red**, to **brown** or **black**.
- Firm, **dome-shaped**, may **bleed** and **crust**.

Basal cell carcinoma



- **Red, pale** or pearly colour that can be a lump or **dry, scaly** patch.
- Can ulcerate, bleed and fail to heal.

Squamous cell carcinoma



- Thickened, **red scaly spot that bleeds** easily, **crusts** or **ulcerates**.
- More common in **people over 50 years**.

MOST SKIN CANCERS CAN BE PREVENTED

During sun protection times



Slip



Slop



Slap

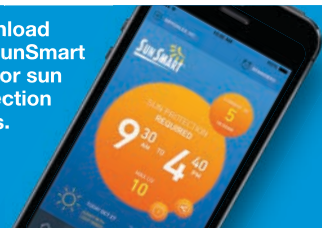


Seek



Slide

Download the SunSmart app for sun protection times.



Call 13 11 20
or visit sunsmart.com.au



Cancer Council
Victoria



VicHealth™

Most skin cancers can be successfully treated if found early.

Skin cancer can appear anywhere on your body, so check all of your skin – not just sun-exposed areas.

Ask a friend or family member to check the skin you cannot see, such as your scalp and back.

Check your skin regularly and see your doctor if you notice a new spot, or a spot has changed in size, colour or shape.

Warning signs

Get to know your skin to help you spot changes early.

Solar keratoses or sunspots



- Red, flattish scaling dry skin that may sting if scratched.
- Appears on skin most often exposed to the sun, like hands and face.

Dysplastic naevi



- Larger moles with uneven colour.

Moles



- Harmless spots that are even in shape and colour.
- The more moles or freckles you have, the higher your risk of skin cancer.
- Observe moles carefully for changes.

Seborrhoeic keratoses



- Discrete edge that looks like it sits on top of skin.
- Colour varies from pale brown to orange or black.