SunSmart literature
There are many wonderful picture books available which can be used to promote awareness and discussion about the sun, weather, seasons, sun protection and skin. Some are old favourites. Most should be available from your local library, bookstore, online or directly from the publisher. Please note these are general recommendations and you should check the books to make sure the content and themes are suitable for the children in your care.

Lulu's Holiday
by Caroline Uff
(2001)
Orchard Books
ISBN 1843626478
Come and spend a fun day with Lulu at the seaside!

Magic Beach
by Alison Lester
(1998)
Allen & Unwin
ISBN 1741144884
A day at the beach exploring all that the beach offers.

Not a Nibble!
by Elizabeth Honey
(1997)
Allen & Unwin
ISBN 186482427
A picture book for young children about a holiday at the beach.

The Beach With No Sun
by Jane Eldridge
(2007)
Copper Publishing NSW, Australia
www.copperandpebo.com or www.cwesar.com.au
ISBN 978-0-646-43996-6
[RRP: $14.95]
Copper and Pebo learn how to handle the sun with care and treat it as a safe friend!

Islands in my Garden
by Jim Howes and Roland Harvey
(2002)
Penguin Books Australia
ISBN: 0 14 350052 X
[RRP: $14.95]
Come sailing around our backyard. Explore the islands and their caves, their valleys, plains and forests and underground cities. If you look closely, you'll find you're not the only traveller visiting this garden – a place full of surprises, a place with a special reason for being kept just as it is.

Associated SunSmart Ideas:
- Discuss how we can be good friends with the sun.
- Ask children to create a beach scene; a drama, model in the sandpit, or with clay, rocks, using leaves and small twigs for shade, etc.
- Children explore their outdoor area and how they can keep it safe for the animals that live there and themselves.
- Go on a ‘Shade hunt’ and explore all of the shady spots in the garden that can help keep our skin safe.
- Together more activities into shady spots and setup some further shady areas.
- Plant some shrubs or trees to build a new city and future shady spot.
It’s a scorching hot day so Joe and his parents take a trip to the beach. Joe runs about in the sand, jumps in the waves, and finds a deserted old boat to play on.

When the sun comes out it’s time for the penguin family to pack up their things, put on their hats, and set off on their summer holiday.

The Quangle Wangle’s Hat by Edward Lear (2006)
Walker Books
ISBN 978 1 4063 0042 0

The Quangle Wangle has a huge hat that becomes home to many other friends. This story not only provides a great link to sun hats but also the shade and shelter a tree can provide.

-associated SunSmart ideas:
- Pretend you are going on a mini camping trip outside – what would you need to pack? Prepare for the camping trip and role-play the adventure. Be sure to include SunSmart’s Outside 5 – hat, clothing, sun screen, sunglasses and shade.
- Look at different pages in the book and ask children to spot the Outside 5. They could also have a look to see which of the Outside 5 are missing throughout the different pages of the book.
- Children use different fabrics, paper etc. to create their own camping or shade tent.

Mr Bear’s Holiday by Debi Gliori (2007)
Orchard Books Australia
ISBN: 978 1 84616 430 9
[RRP: $15.95]

‘I love holidays,’ says Small Bear, as Mr Bear and his family set off camping. But when a ‘monster’ appears outside the tent, the Bears wonder if it’s a holiday or an adventure!

My Hippopotamus is on Our Caravan Roof Getting Sunburnt by Hazel Edwards (1989)
(Puffin Books)
ISBN 0 14 3501 38 0

A family goes on holidays to the beach but not everyone is being SunSmart!

The Boy on the Beach by Niki Daly (1999)
Bloomsbury Publishing
ISBN 0747546843

It’s a scorching hot day so Joe and his parents take a trip to the beach. Joe runs about in the sand, jumps in the waves, and finds a deserted old boat to play on.

-get Busy This Summer! by Stephen Waterhouse
Bloomsbury Publishing 2004
ISBN 0747564744

When the sun comes out it’s time for the penguin family to pack up their things, put on their hats, and set off on their summer holiday.
Splash, Joshua, Splash!
by Malachy Doyle
(2004)
Bloomsbury Publishing
ISBN 0747561095
Joshua and his granny go out for a day together. The day is full of splashes in puddles, ponds, a fountain and a pool.

Hello, Sun!
by Dayle Ann Dodds
(2005)
Dial
ISBN 0803728956
A day for sun and T-shirts turns into a rainy, blow-y, snowy day!

The Sun is My Favourite Star.
by Frank Asch
(2008)
Sandpiper
ISBN 0152063978
There are many stars in the galaxy. But only the sun wakes us in the morning, helps us grow, plays hide-and-seek behind the clouds, and paints pretty pictures in the evening sky.

Sunshine On My Shoulders
Song by John Denver
Illustrator: Christopher Canyon
(2003)
Dawn Publications
ISBN 158469050X
A little girl and her father (who looks a bit like John Denver) enjoy a day together in the sun. This book is based on John Denver’s famous song.

I Want My Hat Back.
by Jon Klassen
(2011)
Candlewick Press
ISBN 0763655988
The bear’s hat is gone, and he wants it back. Patiently and politely, he asks the animals he comes across whether they have seen it.

Good Morning Sam
by Marie-Louise Gay
(2003)
Allen and Unwin
ISBN 1741140420
Sam’s big sister Stella helps him get ready to go out. Have they both remembered everything? This links in with remembering sun protection – the Outside 5 – whenever children are getting ready to go outside.

Sunshine
by Jan Ormerod
(2004)
Frances Lincoln Children’s Books
ISBN 1845070488
Explores the rhythm of family life at the beginning and the end of the day.
Seven-year-old Lena is going to paint a picture of herself. She wants to use brown paint for her skin. But when she and her mother take a walk through the neighbourhood, Lena learns that brown comes in many different shades.

A warm and delightful picture book about growing up from a child’s point of view. Set in an Indigenous community, it captures the excitement and pride surrounding those ‘small’ achievements.

Every day the boy would come to the tree to eat her apples, swing from her branches, or slide down her trunk...and the tree was happy. But as the boy grew older he began to want more from the tree, and the tree gave and gave and gave.

Isabella’s Garden tells the tale of growth and seasonal change, beginning and ending with ‘the seeds that slept in the soil all dark and deep’.

Hamilton the Pig is very fond of hats – big hats, small hats, tall hats and suitable-for-every-and-any-occasion sort of hats. Little does he know that Hamilton’s favourite hats will teach him some very important lessons!
Zoe’s Hats
by Sharon Lane Holm
(2009)
Boyd’s Mills Press
ISBN 9781590787489

Zoe loves hats - floppy hats, flowery hats, and downright funny hats. Some hats look wonderful on her, while others...well, even Zoe has her doubts.

A Simply Spectacular Hat
by Libby Gleeson
(2009)
Cancer Council NSW
ISBN 9781921619083

Miss Fabulous Fay teaches her cute “marvellous monkeys” the key things to remember before they go outside to play.

Available for free to SunSmart members only.

Sploosh for the Billabong
by Ros Moriarty & Balarinji
(2015)
Allen & Unwin
ISBN 9781760112127

A lyrical book which revels in all things swirly and squelchy, and explores northern Australian animals and landscapes as well as indigenous art.

When the Snake Bites the Sun
by David Mowaljarlai & Pamela Lofts
(2004)
Scholastic Australia
ISBN 9781865046280

This book is based on a story told by David Mowaljarlai of the Ngarinyin people to Aboriginal children living in the Kimberly, Western Australia.

Hiss Pop Splat!
by Jason Roberton
Online book developed by Cancer Society NZ
ISBN 9780473279929

Join Undercover Cody as he heads off on a sun safe excursion to the beach.

I got this hat
by Jol & Kate Temple
(2013)
ABC Books
ISBN 9780733332067

In this fun book we take a peek at the world around us through the playful medium of hats.
The sun is yellow
by Kveta Pacovska
(2012)
Tate Publishing
ISBN 9781849760645

With plenty of windows to open and hidden characters to discover, this book offers an enchanting adventure through the magical world of colour.

The Sun and the Wind
by Mairi Mackinnon & Francesca di Chiara
(2014)
Usborne Publishing
ISBN 9781409583196

The sun and the wind have an argument over who is the stronger, resulting in a final contest. Based on the traditional Aesop fable.

Sun and Moon
by Lindsey Yankey
(2015)
Simply Read Books
ISBN 9781927018606

Sun and Moon have always held their own places in the sky, but after a lifetime of darkness all Moon wants is to spend just one day as Sun. Sun agrees, but only if first Moon takes a careful look at his night, before making his final decision.

Why the Sun and the Moon Live in the Sky
by Elphinstone Dayrell (Author), Blair Lent (Illustrator)
(1990)
HMH Books for Young Readers

Sun and his wife, the moon, lived on Earth and built a large house so that the water people could visit. But so many poured in that they were forced to move to the sky.
A list of further literature titles suitable for the early years is included in the SunSmart publication, *Be SunSmart, Play SunSmart* available as a PDF for free download from sunsmart.com.au

**Hooray for Hat!**
by Brian Won
(2017)
HMH Books for Young Readers

Elephant wakes up grumpy—until ding, dong! What’s in the surprise box at the front door? A hat! HOORAY FOR HAT!. An irresistible celebration of friendship, sharing, and fabulous hats.

**The Sun Hat**
by Jennifer Ward and Stephanie Roth Sisson
(2013)
Rio Chico

On a hot and sunny day in the desert, Rosa’s bright red sunhat blows off her head, out of sight. One by one, the creatures of the desert stumble upon the hat, seeking shelter from a wild summer monsoon.

**Sun Mother Wakes the World: An Australian Creation Story**
by Diane Wolkstein & Bronwyn Bancroft
(2004)
Harper Collins
ISBN13: 9780688139162

At the beginning of the world, it was dark and silent and nothing stirred anywhere, until a voice roused the sleeping Sun Mother in the sky, telling her it was time to wake up all the creatures of the earth.

**How the Sun Got to Coco’s House**
by Bob Graham
(2015)
Walker Books
ISBN: 9781406359008

The journey of the sun is captured as it travels from the far side of the world, across countries, chasing the night before arriving at little Coco’s house.

**The Skin You Live In**
by Michael Tyler & David Lee Csicsko
(2005)
Chicago Children’s Museum

Celebrates differences and similarities no matter what skin we are in.

**Summer**
by June Factor & Alison Lester
(2016)
Penguin
ISBN: 9780670078950

A beautiful story that captures the feeling of summer and all that it brings: changing weather, family gatherings, lots of fun and ... flies!

**The Skin You Live In**
by Michael Tyler & David Lee Csicsko
(2005)
Chicago Children’s Museum

Celebrates differences and similarities no matter what skin we are in.